

Arizona Association of Area Agencies on Aging (AZ4A)

az4a.org

Arizona's Area Agencies on Aging

Area Agency on Aging, Region One - Region I Maricopa County

<https://www.aaaphx.org/>

1366 E Thomas Road, Ste. 108 (888) 783-7500 program offices
Phoenix, AZ 85014

24-Hour Senior HELP LINE at 602-264-HELP (4357), Toll Free at 888-264-2258.

For the hard of hearing and deaf, TEXT (520) 775-1899 SMS (Short Message Service).

Pima Council on Aging Region II (PCOA) - Pima County <https://pcoa.org/>

8467 E Broadway Blvd (520) 790-7262 help@pcoa.org

Tucson, AZ 85710

Helpline (520) 790-7262

Northern Arizona Council of Governments AAA, Region III (NACOG)

Apache, Coconino, Navajo, Yavapai

<https://nacog.org/aaa/>

323 N San Francisco St, #200

Flagstaff, AZ 86001

Toll-Free Number (877) 521-3500

Western Arizona Council of Governments, Region IV (WACOG)

La Paz, Mohave, Yuma

<https://www.wacog.com/home-community-based-senior-services/>

1235 S. Redondo Center Drive

Yuma, AZ 85364

Aging and Disability 24-hour helpline: 1-800-782-1886

Pinal-Gila Council for Senior Citizens, Region V (PGCSC) - Gila, Pinal

<https://pgcsc.org/>

8969 W McCartney Road

Casa Grande, Arizona 85194

Call us: (800) 293-9393 or (520) 836-2758

info@pgcsc.org

SouthEastern Arizona Governments Organization, Region VI (SEAGO)

Cochise, Graham, Greenlee, Santa Cruz <https://www.seago.org/area-agency-on-aging>
300 Collins Road
Bisbee, AZ 85603
(520) 432-2528
aging@seago.org

Inter Tribal Council of Arizona, Inc. Region VIII (ITCA) - Arizona's Tribal Communities

<https://itcaonline.com/programs/aging/>
2214 N. Central Ave, #100
Phoenix, AZ 85004
(602) 258-4822 main offices in Phoenix
Elder Emergency Helpline: 1-800-552-9257

Navajo Nation - Division of Aging and Long-Term Care Support (DALTCS) *formerly the Navajo Area Agency on Aging (NAAA)*

<https://www.daltcs.navajo-nsn.gov/>
Department of Health, Administration Bldg. 2 -#2296
Window Rock, AZ 86515
Central Agency: (928) 871-6869
Chinle Agency: (928) 674-2100
Crownpoint Agency: (505) 786-2045
Fort Defiance Agency: (928) 729-4458
Shiprock Agency: (505) 368-1250
Tuba City Agency: (928) 283-3350